



SAFETY MESSAGE / ALERT

OHS-FO-024
(20 Nov 2019)

Covid-19 (Coronavirus) Advice for Participants

Date: 09/04/20

Harness Racing Victoria (HRV) is continuing to follow advice from the Australian Government in relation to Coronavirus. HRV is monitoring updates regularly and will provide further information and updates based on Government advice.

The safety and wellbeing of our participants and staff remains our priority. Currently there are no suspected or confirmed cases of the virus at HRV.

New Recommendations for those over 70, those with underlying medical conditions and indigenous people

The Government has provided **strong advice** that Australians aged 70 and over should stay at home and self-isolate for their own protection as the coronavirus pandemic continues. This advice is for their own protection to limit their interaction with others in the community.

It is recommended that they should limit contact with others as much as possible.

This advice also applies for those with chronic illness over the age of 65 and Indigenous persons over the age of 50.

Whilst HRV cannot deny entry to race meetings to persons meeting the above criteria, we urge you to take heed of these warnings for your own protection.

Practise good personal hygiene.

- Wash your hands frequently with soap and water for at least 20 seconds.
- Use hand sanitiser.
- Sneeze or cough into a tissue or your elbow. (dispose of tissue immediately after use)

Social Distancing

Social distancing is one way to help slow the spread of Covid-19.

- Keep 1.5 metres away from others
- Follow signage and instructions limiting the total number of people in a room, which has been based on the 4sqm rule.

The following services are available if you require assistance:

Type of Service	Provider	Contact details
IAP (Industry Assistance Program)	Benestar	1300 360 364 www.benestar.com
General Information	Beyond Blue	1300 224 636
	Heads Ups	Headsup.org.au
Counselling Services	Lifeline	13 11 14
	Griefline	1300 845 745
	Suicide Call back service	1300 659 467
	Men's helpline	1300 789 978
Welfare benefits	Centrelink	www.centrelink.gov.au